



Table Topics: Physical Therapy

1

Opening Speakers (10–15 Minutes)

- Gay Rosenberg, Physical Therapist
- Jim Harrison, Orthotist, Harrison Orthotic Services

2

Quick Introductions (4 Minutes)

- Your name
- What brings you to the KAND Conference
- Where you're from

3

Pick a Scribe & Timekeeper (1 Minute)

- The Scribe will document important insights, concerns, questions, themes, etc. in the notebook provided

4

Discuss (40 Minutes)

- What does physical therapy look like for your loved one? Frequency? Time of day? Location?
- Have you tried any therapies you found to be *ineffective*? How about *very effective*?
- Have you tried any alternative or intensive therapies?
- What are your biggest challenges related to physical therapy? How do you try to manage these challenges?

5

Document Takeaways & Action Items (5 Minutes)

- For individuals: What are your biggest takeaways from this conversation? What will you do with this information?
- For the group: How can the KIFIA.ORG community (as a whole or specific individuals) provide more support for families related to this topic?