Table Topics: Physical Therapy

1. Opening Speakers (10–15 Minutes)
   - Gay Rosenberg, Physical Therapist
   - Jim Harrison, Orthotist, Harrison Orthotic Services

2. Quick Introductions (4 Minutes)
   - Your name
   - What brings you to the KAND Conference
   - Where you’re from

3. Pick a Scribe & Timekeeper (1 Minute)
   - The Scribe will document important insights, concerns, questions, themes, etc. in the notebook provided

4. Discuss (40 Minutes)
   - What does physical therapy look like for your loved one? Frequency? Time of day? Location?
   - Have you tried any therapies you found to be ineffective? How about very effective?
   - Have you tried any alternative or intensive therapies?
   - What are your biggest challenges related to physical therapy? How do you try to manage these challenges?

5. Document Takeaways & Action Items (5 Minutes)
   - For individuals: What are your biggest takeaways from this conversation? What will you do with this information?
   - For the group: How can the KIF1A.ORG community (as a whole or specific individuals) provide more support for families related to this topic?