Table Topics: KAND in Adulthood

1. Opening Speakers (10–15 Minutes)
   - Janie MacMichael, KAND Warrior
   - Betsy MacMichael, KAND Mom

2. Quick Introductions (4 Minutes)
   - Your name
   - What brings you to the KAND Conference
   - Where you’re from

3. Pick a Scribe & Timekeeper (1 Minute)
   - The Scribe will document important insights, concerns, questions, themes, etc. in the notebook provided

4. Discuss (40 Minutes)
   - For families with adults living with KAND: what is daily life like? What are your biggest obstacles? Your biggest triumphs or joys?
   - What are some uncertainties you have about your loved one living in adulthood?
   - What are some things that families can do to prepare for KAND in adulthood?
   - What do you want for your loved one’s future?

5. Document Takeaways & Action Items (5 Minutes)
   - For individuals: What are your biggest takeaways from this conversation? What will you do with this information?
   - For the group: How can the KIF1A.ORG community (as a whole or specific individuals) provide more support for families related to this topic?